

# Advance HE Student Retention and Success Symposium: Examining the role of mental wellbeing in the curriculum and university

09:00 - 09:15	Registration: Refreshments available		09:00 - 09:15
09:15 - 09:30	Welcome and introduction		09:15 - 09:30
	Dr Joan O' Mahony, Senior Advisor (Learning and Teaching), Advance HE		
09:30 - 10:00	Keynote		09:30 - 10:00
	Reflecting on the role of mental wellbeing in the curriculum and university Dr Michelle Morgan, HE Consultant		
	Q&A/Discussion		
	Session 1 How do we embed wellbeing in the curriculum and why?		
10:00 - 11:15	Embedding compassion in the curriculum		10:00 - 11:15
	Dr Caroline Harvey, University of Derby		
	Student wellbeing and academic achievement		
	Karen Fraser, Queens University Belfast		
	"As daft as it sounds I feel a lot more happier and positive": Social emotional intelligence in the curriculum		
	Anne Conneally, Sheffield Hallam University		
	Placing wellbeing at the heart of the curriculum		
11:15 - 11:30	Dr Bridgette Bewick, University of Leeds		11:15 - 11:30
	Q&A/Discussion (15 mins)		
	Refreshments		
11:30 - 12:30	Session 2 - Parallel		11:30 - 12:30
	What is an effective way for academic depts and students services to work together to support student wellbeing?	How can we design and enable better (impactful) student peer-support?	
	Breaking down barriers to students accessing wellbeing support	Supporting postgraduate research student success through a peer connect initiative	
	Dr Nicola Ward, De Montfort University	Dr Emma Young, University of Bradford	
	The Student Journey: Mapping the links between student support services and academic departments	Exams aren't stressful, your environment is	
	Kerry Summerfield, Staffordshire University	Thomas McFerran, GUSRC	
	Embedding student wellbeing within our curriculum at Ulster	Wellbeing during the student employability journey: A case study of how a peer to peer initiative at BU resulted in greater self awareness, confidence, and reflection	
	Ann Hart-Henderson, Ulster University	Vianna Renaud, Bournemouth University	
12:30 - 13:15	Q&A/Discussion (15 mins)		12:30 - 13:15
	Q&A/Discussion (15 mins)		
Lunch			12:30 - 13:15
13:15 - 14:30	Session 3 - Parallel		13:15-14:30
	How can we address post-graduate and research students wellbeing and success?	How are staff supported to protect their own wellbeing and students?	
	Supporting the research student mental health by stealth	The application of compassion fatigue to higher education: A narrative review of the current evidence in the identification of a research gap	
	Dr Karen Clegg, University of York	Dr Victoria Jackson, UCLAN	
	Identifying and intervening early to support online postgraduate students in need	The professional development of staff	
	Dr Victoria Hewitt, Newcastle University	Sheri Scott, Nottingham Trent University	
	Mentor and mentee: A conversation about PhD mentoring for wellbeing	Might supporting personal tutor conversations about the future enhance student wellbeing outcomes?	
	Dr Lucy Spowart, Plymouth University	Morag Walling, King's College London	
14:30-14:45	Navigating transitions with transitional space: Structure, story and self		14:30-14:45
	"It feels good to unload on the page": Writing as a portal into wellbeing for staff and students in education contexts		
	Sue Spencer, Newcastle University		
14:45-15:30	Q&A/Discussion (15 mins)		14:45-15:30
	Q&A/Discussion (15 mins)		
	Refreshments		
	Session 4		
15:30-16:00	Trying out practical approaches to wellbeing in the classroom		15:30-16:00
	Emotional Intelligence: A skill to unlock student happiness?		
	Sandra Thompson, Exceed all Expectations		
	Impostor 'Syndrome' and stereotype threat: A belonging-based approach		
Dr Nicholas Bowskill, University of Derby			
Closing plenary and discussion - Chair: Dr Joan O' Mahony, Senior Advisor (Learning and Teaching), Advance HE			15:30-16:00