Advance HE Student Retention and Success Symposium: Examining the role of mental wellbeing in the curriculum and university

09:00 - 09:15	Online platform opens - Zoom link 1	09:00 - 09:15
09:15 - 09:30	Welcome and introduction **Dr Joan O' Mahony, Senior Adviser (Learning and Teaching), Advance HE**	09:15 - 09:30
09:30 - 10:00	**Keynote** **Reflecting on the role of mental wellbeing in the curriculum and university** Dr Michelle Morgan, HE Consultant **Q&A/Discussion**	09:30 - 10:00
10:00 - 11:15	**Session 1 - How do we embed wellbeing in the curriculum and why?** **1.1 Embedding compassion in the curriculum** Dr Caroline Harvey, University of Derby **1.2 Emotional Intelligence: A skill to unlock student happiness?** Sandra Thompson, Exceed all Expectations **1.3 "As daft as it sounds I feel a lot more happier and positive": Social emotional intelligence in the curriculum** Anne Conneally, Sheffield Hallam University **1.4 Placing wellbeing at the heart of the curriculum** Dr Bridgette Bewick, University of Leeds **Q&A/Discussion (15 mins)**	10:00 - 11:15
11:15 - 11:45	Comfort break	11:15 - 11:45
11:45 - 12:45	**Session 2 - Parallel** **Zoom link 1** **Joan O' Mahony (Advance HE) Chair** **What is an effective way for academic depts and students services to work together to support student wellbeing?** **2.1a Breaking down barriers to students accessing wellbeing support** Dr Nicola Ward, De Montfort University **2.1b The Student Journey: Mapping the links between student support services and academic departments** Kerry Summerfield, Staffordshire University **2.1c Embedding student wellbeing within our curriculum at Ulster** Ann Hart-Henderson, Ulster University **Q&A/Discussion (15 mins)** **Zoom link 2** **Kate Lister (The Open University) Chair** **How can we design and enable better (impactful) student peer-support?** **2.2a Supporting postgraduate research student success through a peer connect initiative** Dr Emma Young, University of Bradford **2.2b Exams aren't stressful, your environment is** Thomas McFerran, GUSRC **2.2c Wellbeing during the student employability journey: A case study of how a peer to peer initiative at BU resulted in greater self awareness, confidence, and reflection** Vianna Renaud, Bournemouth University **Q&A/Discussion (15 mins)**	11:45 - 12:45
12:45 - 13:30	Lunch	12:45 - 13:30
13:30 - 14:30	**Session 3 - Parallel** **Zoom link 1** **Kate Lister (The Open University) Chair** **How can we address post-graduate and research students wellbeing and success?** **3.1a Supporting the research student mental health by stealth** Dr Karen Clegg, University of York **3.1b Mentor and mentee: A conversation about PhD mentoring for wellbeing** Dr Lucy Spowart, Plymouth University **3.1c Breaking down barriers to learning and ensuring learner success with digital cognitive profiling** Dr Louise Karwowski, Cognassist **Q&A/Discussion (15 mins)** **Zoom link 2** **Joan O' Mahony (Advance HE) Chair** **How are staff supported to protect their own wellbeing and students?** **3.2a The application of compassion fatigue to higher education: A narrative review of the current evidence in the identification of a research gap** Dr Victoria Jackson, UCLAN **3.2b Supporting Personal Tutors to enhance student wellbeing outcomes** Morag Walling, King's College London **3.2c "It feels good to unload on the page": Writing as a portal into wellbeing for staff and students in education contexts** Dr Anne-Marie Smith, Bangor University **Q&A/Discussion (15 mins)**	13:30-14:30
14:30-14:50	**Zoom link 1** **Closing plenary and discussion - where now for student retention? - Chair Joan O' Mahony (Advance HE); Zoë Allman (De Montfort University); Fabienne Vailes (university of Bristol), and Michelle Morgan.**	14:30-14:50