

“Reading the Tea Leaves”: Preparing for the Future of Mental Wellbeing in Higher Education

Date: 17 May 2022

Location: Conference Aston, Birmingham

Programme

Time	Activity
09:30	Registration and Refreshments
10:00	<p>Welcome</p> <p>Dr Dominique Thompson, Interim Chair, MWBHE Expert Group</p>
10:05	<p>Reflections (10 mins)</p> <p>Alan Percy, Outgoing Chair of MWBHE Expert Group</p> <p>Keynote (10 mins)</p> <p>Sarah Chappell, TASO (Transforming Access and Student Outcomes)</p> <p>Keynote (10 mins)</p> <p>Géraldine Dufour, MWBHE Expert Group</p> <p>Q&A (10 mins)</p> <p>Chair: Dr Dominique Thompson, MWBHE Expert Group</p>
10:45	<p>Panel session (45 mins)</p> <p>The future of out-of-hours support</p> <p>Chair: Géraldine Dufour, MWBHE Expert Group</p> <p>Ben Lewis, Director, Student Support and Wellbeing, Cardiff University</p> <p>Jacob Kelly, Student Trustee, Nightline Association</p> <p>Augusta Nnajifor, Student Advice Team Coordinator, UWE Bristol</p>
11:30	Break (20 mins)
11:50	<p>Panel session (45 mins)</p> <p>The future of building community and developing population-based approaches to wellbeing on and off campus</p> <p>Chair: Emma Nieminen, Nightline Association</p> <p>Dr Denise Meyer, Head of Wellbeing (Counselling and Mental Health), University of Portsmouth</p> <p>Dr Allán Laville, Dean for Diversity and Inclusion, University of Reading</p> <p>Ben Morley, Managing Director, True Student</p>
12:35	<p>Keynote (15 mins + 10 Q&A)</p> <p>Chair: Dr Dominique Thompson, MWBHE Expert Group</p> <p>Dr Lucy Foulkes, Author and honorary lecturer, University College London</p>

13:00	Lunch (1 hour)
14:00	<p>Panel session (45 mins) The future of staff wellbeing</p> <p>Chair: Laura Smythson, University of Surrey and Student Health Association Professor Daniel Ladley, Professor of Finance, University of Leicester Professor Nic Beech, Vice Chancellor, University of Middlesex Dr Joan O'Mahony, Director of Academic Development, Bloomsbury Institute</p>
14:45	Break (20 mins)
15:05	<p>Panel session (45 mins) The future of suicide prevention</p> <p>Chair: Nic Streatfield, Director of Student Life and Wellbeing, University of York and AMOSSHE</p> <p>Treasa Fox, Head of Counselling Service, Technological University of the Shannon and Project Lead, SynthSCS Project</p> <p>Dr Sharon Mallon, Senior Lecturer (Mental Health), The Open University</p> <p>Vicky Groves, Chair of Heads of University Counselling Services (HUCS) and Student Counselling Manager, Cardiff University</p>
15:50	<p>Keynote (20 mins + 10 Q&A)</p> <p>Chair: Dr Dominique Thompson, MWBHE Expert Group</p> <p>Mike Palmer, 3 Dads Walking</p>
16:20	Closing remarks (10 mins)
16:30	Close