

Mental Wellbeing in HE Conference 2026

Poster presentations

6 May 2026

P4 What do paramedic academics find supportive to their wellbeing when transitioning from clinical practice to Higher Education? An appreciative inquiry

Emma Geis, Keele University

P5 Compassionate assessment as policy praxis

Claire Holdcroft, University of Staffordshire

P9 Stress buckets and student resilience: Co-designing your mental health offer

Rachael Newman, University of Portsmouth

P10 NeuroWell: Brain science for engagement, wellbeing, and sustainable learning Dr Lisa Riegel, Educational Partnerships Institute

P12 Supporting the wellbeing of students with ADHD in Higher Education: A systematic review

Hannah Griffin, University of the West of Scotland

P15 Curriculum design for wellbeing in content-heavy subjects

Laura Cardy, BPP University

P17 Developing non-cognitive skills for improved wellbeing in foundation year Psychology students

Dr Amuda Agneswaran and Dr Jennifer McGahan, Manchester Metropolitan University

P19 Compassionate boundaries in practice: Sustainable student mental health support and staff wellbeing

Dr Lynne Lawrance, Emma Shepherd and Wendy Colvin, University of the West of England

P20 You can't unknow what you know: A personal reflection on the emotional burden of supporting student wellbeing

Dr Lynne Lawrance, University of the West of England

P23 Giving emotionally intelligent feedback: What we say matters

Sarah Volpe, BPP

P24 Compassion has limits: Why sustainable mental wellbeing in Higher Education depends on boundaries, not burnout

Lavinia Dowling, The M Word (Emotional Problem Solving) CIC

P25 Supporting mental health in every nursing conversation: A psychologically informed approach

Jane Killough, Queens University Belfast

P26 Promoting rural health: A nursing education initiative

Pauline Rankin, Queens University Belfast

P27 Measuring what matters / what matters when you measure : Principles of high quality EDI research and evaluation in HE

Professor Helena Gillespie, University of East Anglia

P28 Resourcing and boundaries in student mental health work: Aligning policy expectations with bibliometric evidence in Chinese Higher Education

Xiaoyan Miao, Chian National Academy of Educational Sciences